

Scott & White  
2401 S. 31st Street,  
MS-01-316A  
Temple, TX 76508



SCOTT & WHITE  
Healthcare

Presents

**ADOLESCENT WELLNESS  
AND SEXUAL HEALTH**

March 28, 2012

*Sid Richardson Auditorium  
Scott & White Memorial Hospital  
2401 S 31st St  
Temple, Texas 76508*



TEXAS A&M  
HEALTH SCIENCE CENTER  
COLLEGE OF MEDICINE

## AGENDA

- 7:15 a.m. Registration
- 7:45 Wellness: Habits that lead us ALL to a Healthier & Happier Life  
**Patricia J. Sulak, MD**
- 8:30 Adolescent Sexual Health: Issues That Matter  
**Patricia J. Sulak, MD**
- 9:15 Question & Answer
- 9:30 Break
- 9:45 \*Genital Herpes: Is Type-1 More Common Now?  
**Joanna Stacey, MD**
- 10:15 \*HPV & Cancer of the Genitals, Anus, Mouth, & Throat  
NO Pap before age 21!  
HPV Vaccines: How Safe? How Effective?  
**Patricia J. Sulak, MD**
- 11:00 \*The Other STDs: Chlamydia, Gonorrhea, & Trichomoniasis  
**Joanna Stacey, MD**
- 11:30 Question & Answer
- 11:45 Lunch
- 12:30 Thirty Years of HIV/AIDs in the United States  
**Patricia J. Sulak, MD**
- 12:50 How to Talk to Teens About STDs  
**Joanna Stacey, MD**
- 1:10 Prevention of STDs: Abstinence, Condoms, Circumcision,  
Antiretrovirals, etc.  
**Patricia J. Sulak, MD**
- 1:30 \*Management of Adolescent Menstrual Disorders  
**Patricia J. Sulak, MD**
- 2:15 Question & Answer
- 2:30 Break
- 2:45 Helping Teens Make Healthy Decisions  
**Lamar Collins, MPA**
- 3:15 \*Talking to Teens About Contraception  
**Joanna Stacey, MD**
- 3:45 Talking to Adults About Teens and Sex  
**Patricia J. Sulak, MD**
- 4:00 Being an Example for Teens  
**Lamar Collins, MPA**
- 4:30 Question & Answer; Course Evaluation
- 5:00 Adjourn

\*Advanced Pharmacotherapeutics

## REGISTRATION

### ADOLESCENT WELLNESS AND SEXUAL HEALTH March 28, 2012 Temple, Texas

Name \_\_\_\_\_  
Please PRINT clearly as you would like your name to appear with your credentials on your nametag & certificate

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_  
OFFICE / HOME Please provide for confirmation of registration & meeting details

Occupation \_\_\_\_\_ Practice/Business \_\_\_\_\_

**Before March 14, 2012**

**After March 14, 2012**

\_\_\_\_\_ \$195

\_\_\_\_\_ \$245

\_\_\_\_\_ \$20 printed syllabus

\_\_\_\_\_ \$20 printed syllabus

**Continuing Education Credits-Please mark as appropriate**

\_\_\_\_\_ Medicine (CME) \_\_\_\_\_ Nursing (CNE) \_\_\_\_\_ Educator

#### METHOD OF PAYMENT

\_\_\_\_\_ PO # \_\_\_\_\_ (Please attach a copy of the PO) \$ \_\_\_\_\_

\_\_\_\_\_ Check, payable to Scott & White - Sex Education Program in the amount of \$ \_\_\_\_\_

\_\_\_\_\_ Credit Card \_\_\_\_\_ / \_\_\_\_\_ \$ \_\_\_\_\_  
Credit Card Number Exp. Date Total

\_\_\_\_\_  
Signature of credit card holder

Mail completed form with payment to:

Scott & White Sex Education Program

2401 S. 31<sup>st</sup> St., MS-01-316A

Temple, Texas 76508

Credit Card registrants can fax form to (254)724-8865 (Private office)



Scott & White celebrated its Centennial in 1997. This commemorated the formation of the partnership between Dr. Arthur Carroll Scott, Sr. and Dr. Raleigh R. White, Jr. that began in December, 1897. Scott & White Healthcare is a non-profit health care system recognized among the nation's 100 Top Hospitals. It is the principal clinical teaching facility affiliated with the Texas A&M Health Science Center College of Medicine. Along with its 636-bed flagship hospital and clinic facility in Temple, Texas, Scott & White also includes its Continuing Care Hospital on Temple's West Campus, a 72-bed acute care hospital at the University Medical Campus in Round Rock and more than 20 outpatient clinics throughout Central Texas, including four outpatient clinics in greater Waco that have operated since 1985. With more than 650 physicians and scientists, Scott & White has become one of the nation's largest multi-specialty group practice systems.

Scott & White has provided postgraduate education, training residents and fellows, for more that 60 years and has trained medical students since Texas A&M University System Health Science Center, College of Medicine began in the late 1970's. The Scott & White Continuing Medical Education Department now offers numerous regional and national meetings each year.

**Scott & White Worth the Wait®**

The program's mission is to educate adolescents and adults on the consequences of teen sexual activity including the medical, social, economic, and legal impacts.

2401 S. 31<sup>ST</sup> ST., MS-01-316A  
 TEMPLE, TEXAS 76508  
 PHONE: (254) 724-7359  
 FAX: (254) 724-8865



Please notify the Sex Education Program, in writing, of any special accommodation you may need.

**FACULTY**

**Patricia J. Sulak, M.D.**

Professor, Texas A&M Health Science Center  
 College of Medicine  
 Medical Director, Division of Research  
 Department of Obstetrics and Gynecology  
 Scott & White Memorial Hospital and Clinic, Temple, TX

**Joanna Stacey, M.D.**

Department of Obstetrics and Gynecology  
 Scott & White Memorial Hospital and Clinic, Temple, TX

**Guest Faculty**

**Lamar Collins, MPA**

Collins Education Group

**GENERAL INFORMATION**

**CONCEPT**

- This program is designed to provide the following:
- (a) Update healthcare professionals and educators on current statistics and trends regarding teen sexual activity, pregnancy, and STDs;
  - (b) Update on the multitude of problems with teenage sexual activity;
  - (c) Learn resources/techniques on risk reduction and risk avoidance interventions concerning teen sexual activity.

**EDUCATIONAL METHODS**

The program will consist of lectures supplemented by audiovisual presentations. Question and answer sessions will allow further discussion of material.

## GENERAL INFORMATION

### OBJECTIVES

Upon completion of this program, the participant should be able to:

- Outline changes that lead to better health and happiness.
- List the medical, legal & socioeconomic ramifications of teen sex.
- Describe trends in the national teen pregnancy rate.
- Describe brain maturation and its affect of adolescent decision-making.
- List the potential problems of HPV and the recommendations for the vaccine.
- Describe why HSV is a silent epidemic.
- Describe the symptoms & treatments of non-viral STDs.
- Outline the progress in HIV/AIDs research over the past 30 years.
- List appropriate methods to prevent STDs.
- List the non-contraceptive benefits of birth control pills.
- Discuss effective teaching methods to educate adolescent patients about STDs.
- Outline the most commonly used contraceptive methods.
- Discuss the importance of HCP and educator involvement in sex education in the community.

### NEED

The need for this program was identified as a result of a survey of participants' evaluations, comments, and suggestions.

### EVALUATIONS

A course evaluation form will provide participants with the opportunity to review each session and speaker, to identify future educational needs, and to comment on any perceived commercial or promotional bias in the presentations.

### ACCREDITATION

Scott & White is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### CONTINUING EDUCATION CREDIT

#### Physicians

Scott & White designates this live activity for a maximum of 8 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only credit commensurate with the extent of their participation in the activity.

**Nurses** - Scott & White is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides up to 8.0 contact hours.

This activity provides up to 3.0 contact hours of Advanced Pharmacotherapeutics.

### REGISTRATION FEE

The registration fee is \$195.00 if received prior to March 14; \$245.00 after March 14. Food, beverages, travel, and lodging expenses are the responsibility of the participant.

**Refund policy:** Refunds will be made upon request in writing, two weeks prior to the conference; a \$25 handling fee will be charged.

### SPONSORSHIP

The program is sponsored by Scott & White, Temple, Texas.

### MEETING

The meeting will be held in the Sid Richardson Auditorium at Scott & White Memorial Hospital. 2401 S 31st Street, Temple, Texas, 76508.

You will receive a map to assist with directions to the auditorium as well as approved parking.

While we attempt to keep the temperature at a comfortable level, we suggest you bring a sweater or jacket.

### LODGING

A number of reasonably priced hotels are located very nearby.

Hilton Garden Inn, 254.773.0200

Hampton Inn, 254.778.6700

Fairfield Inn, 254.771.3030

Holiday Inn, 254.778.5511

LaQuinta Inn & Suites, 254.939.2772

Marriott Residence Inn, 254.773.8400

### AIRPORT INFORMATION

Killeen Regional Airport (GRK): 40 minutes to Temple via Hwy 90

Waco Regional Airport (ACT): 1 hour to Temple via IH-35 S

Austin International Airport (AUS): 1.5 hours to Temple via IH-35 N

DFW International Airport (DFW): 2.5 hours to Temple via IH-35 S

### DIRECTIONS

Please use your favorite online map program to get specific directions from your location. Parking is located near the facility.